

Mary Maisey-Ireland  
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Hermosa, SD 57744

**Please read the following agreement** and sign, date, and mail it to me. Your signature and date indicate your understanding and acceptance of these limitations.

Coaching will not commence without my receiving this document.

**I understand** that life coaching is comprehensive in that it deals with almost all areas of my life including work, finances, health, education, relationships, and entertainment. However, I will not use life coaching in lieu of professional guidance concerning such matters as medical advice, legal counsel, accounting assistance, business consultation, or spiritual guidance.

Nor will I use life coaching as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, or substance abuse treatment. I realize that this life coaching is not done by a licensed mental health professional, and I promise that I am not using it as a substitute for assistance from a mental health professional and/or a medical doctor. If I am currently in therapy or under the care of a mental health professional, I certify that I have consulted with that person regarding the advisability of my working with a life coach.

I acknowledge that deciding how to handle all of these issues and implementing my decisions remains my exclusive responsibility.

I also understand that the confidentiality in the life coaching relationship is limited. Confidentiality will *not* apply to certain crimes that have either been committed or may be committed in the future. Such crimes may need to be reported to legal authorities.

My future plans, business affairs, customer lists, financial information, job information, goals, personal information, and other private information will not be disclosed without court order. My coach will not at anytime, either directly or indirectly, use any information for her own benefit, disclose or communicate this information to a third party.

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Signature

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Date